



Grades K-5 Lunch(NNC)

October 2018 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10-1 ** Cheesy Veggie Burger Sliders -V ** Toasted Cheese Sandwich -V * Crinkle Cut Potatoes * Petite Baby Carrots - S * Fruit - S * Got Milk	10-2 ** Pork Egg Rolls ** Deli Turkey & Cheese Sandwich * Broccoli Buds * Fresh Garden Salad * Frozen Juice Cup * Got Milk	10-3 ** Zesty Beef Chalupa ** Chicken Caesar and Cheesy Bread * Fiesta Pinto Beans * Petite Baby Carrots * Fruit - S * Got Milk	10-4 ** Beef Taco Stick ** California Chicken Wrap * Waffle Fries * Celery Sticks * Fruit Cup * Got Milk	10-5 ** Whole Grain Rich Pepperoni Pizza ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Fresh Garden Salad * Petite Baby Carrots - S * Frozen Juice Cup * Got Milk
10-8 ** Buffalo Calzone -V * Crunchy Tortilla Chips - S ** Toasted Cheese Sandwich -V * Sweet Corn * Petite Baby Carrots - S * Fruit - S * Got Milk	10-9 ** Cheese Enchiladas ** Deli Turkey & Cheese Sandwich * Fiesta Pinto Beans * Fresh Garden Salad * Frozen Juice Cup * Got Milk	10-10 ** Philly Steak & Cheese Pinwheel ** Chicken Caesar and Cheesy Bread * Roasted Potato Wedges * Petite Baby Carrots - S * Fruit - S * Got Milk	10-11 ** Salisbury Steak with Gravy ** Pastrami & Cheese Croissant * Artisan Roll - S * Fluffy Mashed Potatoes * Cucumber Coins * Fruit Cup * Got Milk	10-12 ** Café LA Burger ** Yellow Submarine Sandwich ** Classic Tuna Sandwich * Fresh Garden Salad * Petite Baby Carrots - S * Frozen Juice Cup * Got Milk
10-15 ** Cheesy Veggie Burger Sliders -V ** Toasted Cheese Sandwich -V * Waffle Fries * Petite Baby Carrots - S * Fruit - S * Got Milk	10-16 ** Beef Taco Stick ** Deli Turkey & Cheese Sandwich * Fiesta Pinto Beans * Fresh Garden Salad * Frozen Juice Cup * Got Milk	10-17 ** Pork Egg Rolls ** Chicken Caesar and Cheesy Bread * Cucumber Salad * Petite Baby Carrots - S * Fruit - S * Got Milk	10-18 * Oven Fried Chicken Drumstick * Corn Muffin ** California Chicken Wrap * Broccoli Buds * Petite Baby Carrots - S * Fruit Cup * Got Milk	10-19 ** Whole Grain Rich Pepperoni Pizza ** Yellow Submarine Sandwich ** Classic Tuna Sandwich * Sweet Corn * Celery Sticks * Frozen Juice Slush * Got Milk
10-22 ** Chile Cheese Flautas -V ** Toasted Cheese Sandwich -V * Roasted Potato Wedges * Petite Baby Carrots - S * Fruit - S * Got Milk	10-23 * Salisbury Steak with Gravy * Southern Buttermilk Biscuit - S ** Deli Turkey & Cheese Sandwich * Fluffy Mashed Potatoes * Cucumber Coins - S * Frozen Juice Cup * Got Milk	10-24 * Chicken Tenders * Corn Muffin ** Chicken Caesar and Cheesy Bread * Fiesta Pinto Beans * Petite Baby Carrots - S * Fruit - S * Got Milk	10-25 ** Turkey Burger ** Pastrami & Cheese Croissant * Petite Baby Carrots * Fresh Garden Salad * Fruit Cup * Got Milk	10-26 ** Manager's Choice ** Yellow Submarine Sandwich Classic Tuna Sandwich * Sweet Corn * Celery Sticks * Frozen Juice Cup * Got Milk
10-29 ** Cheesy Veggie Burger Sliders -V ** Toasted Cheese Sandwich -V * Crinkle Cut Potatoes * Petite Baby Carrots - S * Fruit - S * Got Milk	10-30 ** Pork Egg Rolls ** Deli Turkey & Cheese Sandwich * Broccoli Buds * Fresh Garden Salad * Frozen Juice Cup * Got Milk	10-31 ** Zesty Beef Chalupa ** Chicken Caesar and Cheesy Bread * Fiesta Pinto Beans * Petite Baby Carrots - S * Fruit - S * Got Milk	All of the Grain/Bread items served are Whole Grain Rich. Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat ★: For a reimbursable meal, pick at least 3 ★'s. One ★ must be a fruit or vegetable S: Items with an (S) can be saved for later V: Vegetarian items **Farm Fresh Fruits: Apple, Orange, Banana	

MENUS ARE SUBJECT TO CHANGE

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